



**Teton Valley
Health**
Where Everyone Matters



SELF-ISOLATION PUBLIC HEALTH NOTICE

EFFECTIVE IMMEDIATELY

March 21, 2020 – In consultation with Teton Valley Health, the cities of Victor, Driggs, and Teton, and Teton County, Idaho are recommending self-isolation in response to the COVID-19 pandemic, to minimize community spread.

This Public Health Notice is of the highest level of importance and urgency. According to Dr. Erin Prissel, Chief of Staff at Teton Valley Health and Dr. Nathan Levanger, Chief Medical Officer at Teton Valley Health:

“Due to the long period of time from disease exposure to when symptoms appear, the best way to reduce the spread of COVID-19 is to reduce contact among individuals, whether they are currently experiencing symptoms or not. This is especially important given that individuals who have no symptoms will spread the disease. Therefore, we have asked that the cities and county tell residents to self-isolate at their place of residence.”

All persons within Teton County Idaho, and the cities of Victor, Driggs, and Teton are hereby requested to stay at home immediately through April 5, 2020. Specifically:

- All persons are advised to stay home except to complete essential activities or go to work to provide essential commercial and government services.
- Essential activities include grocery shopping, going to the bank or hardware store, going to the doctor, getting gas, collecting curbside take-out from a local restaurant, and recreating outdoors while practicing social distancing and being careful to avoid forming groups of any size.
- Grocery stores continue to be restocked on a regular basis. There is no need to hoard supplies. Please buy only what you need.
- Transportation will remain open, and trash pickup will continue.
- **As always, IF YOU ARE SICK, or a member of your household is sick, STAY AT HOME.** If you have questions about your health, please call your healthcare provider or Teton Valley Health at 208-354-2383. If you suspect you have COVID-19, please call ahead before entering a healthcare facility.